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Shri Phanishwar Nath Renu Engineering College, Araria
(Under Science, Technology and Technical Education Department, Govt. of Bihar)
854318

NOTICE

This is to inform all students that a seminar will be conducted on "**Stress Management**". This seminar aims to empower you with essential knowledge, good mental health and practices for maintaining well-being.

Date: 6th May 2024
Time: 03:00 PM – 05:00 PM
Venue: Smart Class Room (2nd Floor)
Speaker: Ishvar Nam Das

Note:

1. It is compulsory for all the 1st year students.

Priyanka Kumar
05/05/24
Rajiv Kumar
05/05/24
Workshop Coordinator
SPNREC, Araria

-s/d-
Principal
SPNREC, Araria

Ref. No.: SPNREC/540

Date- 05-05-2024

Copy to:

1. Institute Notice board
2. Boy's Hostel Notice Board
3. Girl's Hostel Notice Board

AK
05/05/2024
Principal
SPNREC, Araria